



C&H House Cleaning

8486 s 2880 w

(385) 900-6837 (385) 722-7313

www.chhousecleaning.com

Regular house cleaning tasks

Dust all furniture, shelves and decor
Dust window ledges and blinds
Dust lamps, light fixtures, and ceiling fans
Dust baseboards
Wipe down doors and doorframes
Clean out all corners for cobwebs
Vacuum all floors, carpets, rugs, and stairs
Mop hard floors
Clean glass surfaces
Vacuum sofa and other upholstered furniture (remove cushions)
Empty and replace wastebasket

Weekly cleaning checklist

Vacuum floors and furniture
Sweep all floors
Mop kitchen and bathroom floors
Dust furniture
Wipe down kitchen appliances
Clean microwave
Sanitize sponges
Disinfect door knobs and light switches

Deep cleaning checklist

A deep cleaning house checklist should include all your general cleaning tasks, plus
Clean and disinfect:
the inside of the oven, stove grates, and hood fan
inside of the dishwasher
the walls behind large appliances
ceiling fans
Polish metal hardware
Clean grout and soap scum from shower tiles
Wash windows (inside only)

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Move-out/in cleaning checklist

Clean doors, door frame and shelves
Dust baseboards, window sills, and shelves
Dust closets
fridge interior cleaning
appliances interior cleaning
Wipe interior and exterior of cabinets and drawers
Sweep, mop, or vacuum floors
Remove cobwebs
Dust light fixtures
Clean shower, tub, sinks, and toilet
Clean laundry machines
Spot clean walls
Dust window sills and baseboards
Wipe down and disinfect all countertops

Monthly cleaning checklist

Wipe baseboards
Wash windows
Clean blinds
Dust and clean grime from ceiling fan blades
Dust air vents
Wipe chair
Deep clean kitchen appliances
Clean out pantry
Scrub tile grout
Clean light fixtures
Spot treat carpet and upholstery
Wipe down door frames
Clean laundry room and washing machines
Clean out dryer vent

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Kitchen cleaning checklist

Dust tops of kitchen cabinets and appliances
Wipe down countertops and cabinets
Wipe down stovetop
Clean microwave inside and out, including turntable
Clean dishwasher
Soak stove drip pans and knobs in sink
Clean inside and around sink
Clean and dry all appliance surfaces including dishwasher, toaster, oven, top of
Shine stainless steel appliances
Clean stove drip pans, burner grates, and control knobs
Clean and disinfect kitchen sink
Wipe cupboard fronts, tables, and chairs
Sweep and mop floor
Replace rugs
Empty and replace wastebasket

Bathroom cleaning checklist

Remove all dirty towels and washcloths
Dust all surfaces, including light fixtures and decor
Clean and disinfect shower, bathtub, and sinks (inside and out)
Clean and disinfect toilet bowl, seat, lid, tank, flush handle, and base
Clean and shine all mirrors, chrome, and tile
Remove hair from bathtub drain
Wipe cabinet fronts, fixtures, and countertops
Vacuum and mop floor
Replace rugs
Empty and replace wastebasket

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Bedroom cleaning checklist

we move furniture if necessary to vacuum
Dust all furniture
Vacuum room and closet floors
Wipe down window sills
Clean window coverings
Clean mirrors and picture frames
Return furniture to original position
Make bed

Living areas cleaning checklist

Dust from top to bottom with microfiber cloth
Remove lint from all furniture
Vacuum upholstered furniture and floor
Clean picture frames
Clean window coverings
Wipe down light fixtures, switches, and outlets
Dust and clean TV
Clean coffee tables and end tables
Clean fireplace and mantel

Window cleaning checklist

Remove drapes or wipe down blinds
Vacuum dust and debris from window frames
Scrub window frames with sponge, soap, and water
Dry window frames with microfiber cloth
Remove and clean window screens
Clean window tracks
Clean exterior window glass
Wipe exterior window frames clean